

RULES AND REGULATIONS FOR PARTICIPANTS AT THE 2026 UOB HEARTBEAT RUN

COMMON RULES

- Participants: Participants who are UOB Vietnam employees, their families, partners and customers.
- All distances are open to participants aged 3 and above. Children aged 3-17 must be accompanied by a guardian or have a signed waiver from a parent/legal guardian. Children aged 3-13 must have at least one (1) person running with them. Participants and guardians must sign a waiver of liability before the event day.
- To receive instructions and take part in the event, participants must arrive promptly. Each participant is responsible for learning the start time based on their distance.
- Participants must adhere to the Organizing Committee's instructions and treat officials, volunteers, and medical professionals with courtesy and respect while on the track.
- Participants must stay on the designated path; if there are any impediments, they will be made aware.
- There is no room for shortcuts. If a participant departs from the correct course as directed by the Organizing Committee, they must turn around in order to continue running.
- Participants who finish their own competition are not permitted to employ any form of assistance while running. Only in the event of injury or a decision to withdraw from the event are vehicles permitted to be deployed. If participants violate, they will be prevented from running or the competition's results would be disqualified. The Organizing Committee reserves the right to review the results of participation in the event of a complaint.
- All competitors may only receive assistance from the Organizing Committee while on the course; relatives are only permitted at the checkpoints. All other situations result in breaking the law and being disqualified.
- Do not litter on the course; instead, take it to the next watering station so it may be disposed of. The person who litters will be eliminated from the event.
- These Rules and Regulations are subject to change at any time by the Organizing Committee. Prior to the start of the event, the newest version of the Rules and Regulations will be reflected in the official event rules. The current version date of the Rules and Regulations shall always be indicated under the document's title.

UTILITIES AND EQUIPMENT

1. Race-kit

- Each participant is required to acquire a race-kit, which contains a BIB and meal ticket. On the program's official website, information is posted about the date, place, and things that were given out. Participant may designate another individual to pick up the competition items on their behalf if they are unable to do so themselves in accordance with the guidelines on the program website.
- Never let the strap, backpack, coat, or anything else cover the BIB; it must always be attached to the front, outside of the clothing, and be quite visible.
- Participants must use their assigned BIB during the competition. The Organizing Committee may conduct random checks. Violators will be disqualified and all results will be disqualified.

2. Bag drop off

- It is the participant's responsibility to find out the registration information in the Guide book sent to the participant prior to the event date or updated on the website. In the event that participants

register to keep their belongings improperly, the Organizing Committee is not responsible for bags, backpacks or other items that need to be checked in.

- The Organizing Committee reserves the right to inspect bags, backpacks or other items in the storage area for safety and security reasons.
- The Organizing Committee does not accept high-value items such as phones, wallets... and requires a commitment from the sender that there are no high-value items in the bag before depositing.

WATER STATION – COT (CUT-OFF) TIME – FOOD & DRINK

- Follow the rules and instructions of staff and volunteers at the water station regarding COT. If participants do not pass the timing station before the specified time, they will be forced to stop the run (do not finish). For details on the time limit, please see your distance page.
- The Organizing Committee provides water, electrolytes, bananas and some snacks at the relay stations, but each participant needs to equip themselves with enough electrolytes / salts for rehydration and energy for individual needs.

SAFETY FOR PARTICIPANTS

- In the event that the Organizing Committee finds that the running courses are not safe enough (such as heavy rain, high winds, landslides, natural disasters, etc.), the Organizing Committee may, at its sole discretion, consider changing the running courses, or cancel the entire event.
- The Organizing Committee also reserves the right to cancel the event if there is war, terrorism or force majeure such as epidemics or the like. In the event that the run is rescheduled, the courses are changed or shortened, the fee will not be refunded and registration will not be reserved or transferred.
- It is the responsibility of the participants to learn about the directions and symbols associated with maps, locations and directions.
- The event's authorized medical staff may examine any participant for signs of unwellness and, if the condition is severe, the medical staff may decide that the participant must discontinue the competition and discontinue participating in the event.
- During the event, if participants have problems or need medical help, please call the emergency number printed on the back of the number. (If possible, find the locals and ask for their help, they can identify and notify the exact location of the participants to the Organizing Committee).
- If participants wish to withdraw from the competition, they MUST notify the Organizing Committee by calling the emergency number printed on the back of the number or by notifying the Organizing Committee at the relay station.

COMPLAINT

- In order to ensure fairness in the event, to avoid unclear events that may affect professional performance, the Organizing Committee allows participants to file complaints.
- Participants' complaints will be resolved by the Organizing Committee in case-by-case basis, in accordance with the regulations of the event.
- Officially competing participants have the right to complain in writing and with specific evidence (if any) to the Organizing Committee no later than 15 minutes after the end of the event, with a fee of VND 500,000. Should a complaint is deemed correctly, the Organizing Committee will refund the above amount. All complaints will be resolved by the Organizing Committee at the professional meeting on the same day.

IMPORTANT NOTES

- All participants must sign a waiver of liability when coming to receive Race-kit and participate in the event.
- Any penalty will be decided by the Organizing Committee and there will be no appeal against these penalty decisions.
- Only the Organizing Committee has the right to amend and supplement this Charter if it deems it necessary. For the contents not included in the charter, the final decision belongs to the Organizing Committee.

CODE OF ETHICS BEHAVIOR

- Participants must be respectful and gentle with other participants, the competition supervisor, the competition coordinator, the medical staff, the traffic supervisor, the team of volunteers, the Organizing Committee members, and the audience before, during and after the event.
- The use of dirty, vulgar, quarrelsome or abusive language, or unsportsmanlike conduct toward other participants, competition coordinators, medical personnel, traffic enforcement, volunteers, Organizing Committee, or spectators are not permitted before, during or after the event and will result in disqualification.
- Protecting the environment is an important part of the event, and it is strictly forbidden to litter, and destroy the environment during the event. Violations will result in disqualification.

TRANSFER / CHANGE RUNNING CATEGORY

- Only participants who registered through the event's official website can change their registration information. In the case of registration through a representative, only the representative can modify the information for the participants they registered for.
- Participants may change the following information: personal information, Race-kit pick up information, and running category.
- Participants cannot cancel their registration once they have registered.
- For assistance with changing registration information, please contact the Hotline: 084.3373773 or email: info@vietnammtbseries.com